

MODIFICATIONS TO PLAYING RULES DUE TO COVID

Alternate Faceoff Procedures

A. Coin Toss Before the start of play, the “official” will call one player from each team and conduct a coin toss. The winner of the coin toss will start the competition with possession of the ball at the center spot. The loser of the coin toss will have the first alternating possession.

B. Positioning of Players and Starting Play The team that wins the coin toss will start with the ball in their offensive half of the field, near the center spot, with a free clear. All other players should be at least five yards from the player with the ball.

C. In Lieu of a Face-Off, there will be a 1-Pass Rule before the team with the ball can shoot on goal

D. Post-Goal The goalkeeper or official removes the ball from the goal, and the team that was scored on will start with the ball in their offensive half of the field, near the center spot, with a free clear. All other players should be at least five yards from the player with the ball.

E. Starting a New Quarter & Half The team that loses the coin toss at the start of the game will have possession to start the second half. No player should be within 5 yards of the ball carrier.

Loose-Ball Play

- When a loose ball is on the ground (involving two or more players) and cannot be quickly picked up, the official will end play early after three seconds and award the ball via alternate possession rule.

Contact

- No body checking at ALL ages.

Breaks

- No timeouts during games.

“No Touch” Rule

- Players and coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, officials and fans. Players should also refrain from touching any lacrosse ball with their hands and only use sticks to pick up balls.

Scrimmage Information

- Unless prohibited by federal, state or local order, we are committed to safely running boys lacrosse scrimmages during the summer of 2020. Below is a summary of measures that will be in place during all scrimmages. If any additional practical safety measures are suggested by NYS, we will update this document accordingly.

Vulnerable Populations

- There are certain segments of the population who are at an increased risk of severe illness from COVID-19 including individuals who are 65 years of age or older, those with heart, lung, kidney, or liver disease, those with diabetes, and those with immunodeficiencies. These individuals are recommended to not attend the scrimmages this summer.

If You are Sick

- If you become ill on the day of the event, please stay at home.
If you have had close contact with an individual who has tested positive for COVID-19 in the past 14 days, please stay at home. Please view these CDC guidelines on what quarantine and isolation, what they mean, and when you should use them.

- If the program directors become aware of a COVID-19 infection within our events community, we will send out a communication to coaches whose teams have played against the infected individuals' teams and therefore may have been exposed to COVID-19. Within this communication, privacy will be protected, and no identifying information will be used. Once informed, it is the coaches' responsibility to communicate this to the members of their team/club and should instruct them to self-monitor for symptoms.
- If you are sick on the day of the event (e.g., sneezing, coughing, sniffles, have a fever, or don't feel well), please do not attend the event.

Travel from High Risk States

- Anyone who has traveled to or from a restricted state or country based on the NYS guidelines and has not quarantined for 14 days, is not allowed to attend the event.

Symptom Screening

- Parents, officials, coaches, and staff (anyone attending or on facility grounds for the scrimmages) must complete the "Online Screening & Check-In Form", through the Google Form sent out by your program director.
- Parents should screen and monitor athletes for symptoms before and after games. Athletes should be screened in the morning prior to participating in any games. If any athletes show symptoms of COVID-19, they should stay home and contact their primary care provider.
- Parents, officials, coaches, and staff will be responsible for screening themselves for COVID-19 related symptoms prior to attending or participating in any scrimmage dates. If you have any symptoms of COVID-19, or if you've had close contact with an individual with confirmed COVID-19, you should stay at home, consult your primary care physician, and follow CDC guidelines for quarantine and isolation.

Social Distancing

- Social distancing means that individuals maintain a distance of at least six feet from one another. Six feet is approximately the distance that virus droplets can travel when an individual sneezes or coughs.
- All players, coaches, staff, and spectators should practice social distancing of six feet when feasible including, but not limited to: On the sidelines, in common areas, when arriving and departing from the field.
 - We are asking all families and spectators to be conscious of the current state of the pandemic and consider not spectating at games. This is about the players having the opportunity to play and compete and the safer we can make the venue the better chance we have to continue all four weekends and keep everyone safe.
 - Two spectators per player is allowed.
 - Spectators are not to enter player areas (field of play or bench area)
 - Spectators must socially distance (6 ft) unless they are from the same household. This includes on the sideline of scrimmages.
 - Players should do their best to socially distance on the sideline.
 - No tents will be allowed except for personal shade tents or umbrellas.
 - There will be no team tents allowed and all tailgating is prohibited along with any shared food or shared use of utensils.
 - In the event of a lightning delay, athletes, spectators, and coaches will be asked to seek shelter in their cars and not in any buildings at the venue.
 - Whenever possible, restrooms will limit occupancy to one person at a time.

Cloth Face Coverings

- All attendees including staff, players, coaches, spectators, and officials must have a cloth face covering with them.

- All players, coaches and officials are strongly encouraged to wear masks until they are on the field of play.
- Coaches and officials should wear cloth face coverings when in close proximity to players during and/or between game play.
- Spectators are strongly encouraged to wear masks at all times.

Water Availability

- Water will NOT be made available at each field.
- Athletes, spectators, and coaches will be responsible for bringing their own water bottles.
- Water bottles should not be shared between individuals.
- Families are encouraged to bring reusable water bottles and not disposable to limit trash and safety of facility staff.

Day of Operations

- We are asking that families do not arrive to the venue until 30 minutes before their first scheduled game. This will help prevent overlap of teams.
- Players should report directly to their field after arriving. Coaches are asked to keep their team in their designated area until they are allowed to enter the field.
- Teams will have about a 15 minute break between their first and second game. During this time, teams should return to their designated area where they can hydrate and rest before their next game. Contact with other teams or players is strongly discouraged during this 15 minute break.
- Teams with longer breaks should wait in their vehicles until 30 minutes before their next scrimmage.
- After a teams 3rd game is over, we ask that players quickly get changed, and return to their cars to prevent overlap with the next set of games.
- Certified Athletic Trainers will be on site for all scrimmage dates.